



Pollen



ALL DAY DINING

(N) (V) Waffle 19.90
house waffle, fresh strawberries, meringue, lemon curd, cream
cheese, berry coulis, nut praline, sweet dukkah, maple syrup

(N) (G+) (V) Green Chilli Scramble 21.50
free range scrambled eggs, green chilli, toasted coconut, mixed
herbs, house mango chilli chutney, toasted roti

(N) (Ve) (D) (G+) (V) Avo Toast 18.90
fresh avocado, fried shallots, seeds, chilli flakes
coriander hummus, toasted three mills sourdough
add: two free range poached eggs 5 • wood smoked bacon 6
smoked salmon 7 • haloumi 7 • hash brown 4

(N) (G+) (V) Healthy Breakfast 19.90
two free range poached eggs, roasted eggplant & tomato
marinated feta, chickpeas, za'atar, fried basil, dukkah, injera
bread
add: avocado 5 • haloumi 7

(G+) Brekky Roll
wood smoked bacon 16.90 | haloumi 17.90
free range fried egg, pickles, cheddar cheese, gochujang mayo
house barbecue sauce, milk bun
add: avocado 5 • hash brown 4

Croissant Benny
triple smoked ham 21.9 | wood smoked bacon 21.9 |
smoked salmon 22.9 | haloumi 22.9
two free range poached eggs, hollandaise, cracked pepper, fresh
chives, toasted croissant
add: avocado 5 • hash brown 4

(V) Vegetarian

(GF) Gluten free

(Ve) Vegan

(G.) Gluten free on request

(Ve.) Vegan on request

(G+) Substitute for gluten free bread + 2

(N) Contains nuts or traces of nuts

(D) Dairy Free

ALL DAY DINING

Ⓝ Ⓥ

Pea Fritters 19.90

herbed green pea & haloumi fritter balls, asian salad, mint yoghurt, sumac

add: two free range poached eggs 5 • smoked salmon 7
wood smoked bacon 6 • haloumi 7 • avocado 5

Prawn Rolls 21.90

tempura prawns, gem lettuce, sriracha, dill mayo, toasted brioche rolls

Korean Fried Chicken Burger 21.90

crispy chicken, kimchi slaw, gochujang mayo, milk bun, fries
add: wood smoked bacon 6

Ⓤ+

Smash Burger 23.90

two pressed beef patties, cheddar cheese, sliced tomato pickles, lettuce, house burger sauce, milk bun, fries
add: wood smoked bacon 6

Ⓝ Ⓤ+

Chicken Kathi 'Kah-tee' 26.90

house marinated chicken skewers, cucumber, red onion coriander, burnt lemon, lime crema, mango chilli chutney
toasted roti

Fish & Chips 26.90

crispy battered barramundi fillet, asian salad, house tartare
burnt lemon, fries

Ⓤⓕ Ⓣ

Smoked Trout Salad 23.90

flaked rainbow trout, quinoa, chickpeas, carrot, olives capers, spanish onion, mixed herbs, harissa dressing
add: marinated feta 4 • two free range poached eggs 5
haloumi 7 • avocado 5

Ⓥ Vegetarian

Ⓤⓕ Gluten free

Ⓥe Vegan

Ⓤ. Gluten free on request

Ⓥe. Vegan on request

Ⓤ+ Substitute for gluten free bread + 2

Ⓝ Contains nuts or traces of nuts

Ⓣ Dairy Free



ALL DAY DINING

Build Your Own

choose a base:

sourdough toast 9.90 | fruit toast 9.90 | gluten free toast 11.90

add some sides:

two free range eggs poached, scrambled or fried 5

baby spinach 4

hash brown 4 • marinated feta 4

wood smoked bacon 6 • triple smoked ham 6

avocado 5

smoked salmon 7 • haloumi 7

hollandaise sauce 3 • aioli 3

bowl of fries with aioli 10

KIDS MEALS



Dippy Eggs 14.90

soft-boiled eggs, bacon bits, shredded lettuce, tasty cheese, tomato sauce
soldier toast

add: fruit juice popper 3 • shortbread cookie 4 • paddle pop icecream 4

Mini Hot Dog 13.90

kransky sausage, tasty cheese, tomato sauce, soft bun, fries

add: fruit juice popper 3 • shortbread cookie 4 • paddle pop icecream 4

Vegetarian

Gluten free

Vegan

Gluten free on request

Vegan on request

Substitute for gluten free bread + 2

Contains nuts or traces of nuts

Dairy Free

BEVERAGES

Coffee Flat White 5 • Cappuccino 5 • Latte 5
Piccolo 4.50 • Macchiato 4.50 • Espresso 4.50
Mocha 5.50 • Affogato 5.50
Hot Chocolate 5 • Chai Latte 5
Long Black 5

Extras Soy milk 0.50 • Almond milk 0.50
Lactose free milk 0.50 • Oat milk 0.50
Decaf 0.50 • Extra Shot 0.50
Large size 1
Caramel syrup 1 • Vanilla syrup 1 • Hazelnut syrup 1

Tea Organic loose leaf tea 5.50
English Breakfast • Earl Grey
Peppermint • Green Tea • Lemongrass & Ginger

Milkshake Chocolate 8 • Vanilla 8 • Strawberry 8

Fresh Juice Orange 8.50 • Apple 8.50

Iced Drinks Iced Coffee 9
espresso, milk, whipped cream, ice cream, ice

Iced Chocolate 9
chocolate, milk, whipped cream, ice cream, ice

Iced Latte 6
double shot of espresso, milk, ice



BEVERAGES

Cocktails

Breakfast Mary 18
spicy tomato juice, underground sprits vodka
frankie's gin pickle

Mimosa 11
orange juice, italian bubbles

Aperol Spritz 13
aperol, soda, italian bubbles

Espresso Martini 14
cold brew coffee, coffee liqueur, vodka

Sparkling Wine

Henkell Trocken, Germany 200ml 13
Mada Prosecco, Canberra Region 750ml 55

White Wine

Mada Blanc, Canberra Region 15 | 63

Rosé Wine

Delinquente Pretty Boy Rosato, South Australia 15 | 63

Red Wine

Clonakilla Hilltops Shiraz, Canberra Region 15 | 63

Beer and Cider

Peroni, Italy 8
Stone & Wood Pacific Ale, Byron Bay 9
Capital Brewing Coast Ale, Canberra 9
Capital Summit Session Ale, Canberra 9
Monteiths Apple Cider, New Zealand 9

Soft Drinks

Aranciata Rossa 5 • Limonata 5
Bundaberg Ginger Beer 5
San Pellegrino Sparkling Water 250ml 4.50
San Pellegrino Sparkling Water 750ml 9
Coca Cola 5 • Coke Zero 5 • Sprite 5

Non-alcoholic

Giesen Sauvignon Blanc, New Zealand 750ml 53
Heaps Normal Quiet XPA 330ml 8



A 10% surcharge applies on Sundays and
Public Holidays

Coffee, Breakfast, Lunch on the run?
We can do all of our meals and beverages to
takeaway!

We are unfortunately unable to guarantee our
dishes are 100% free of residual gluten, nut, or
shellfish traces

